

NOVEMBER 2023

RIO DEL ORO ELEMENTARY SCHOOL

Questions or concerns
Contact Nutrition Services
(530) 743-4428 or
mdelonga@plUSD.org

Monday
Tuesday
Wednesday
Thursday
Friday

**All meals are served
with the choice of
1% white milk or nonfat
chocolate milk.**

Chicken Sandwich or
Sunbutter Sandwich **6**
Baked Beans
Cauliflower – Salad - Carrots
Variety of Fruit
Cool Ranch Doritos

Nachos or **7**
Bean & Cheese Nachos
Seasoned Jicama – Salad
Salsa - Jalapenos
Variety of Fruit
Ice Cream

Chicken Drumstick or **8**
Lasagna Cheese Roll Up
Texas Toast
Broccoli – Salad - Salsa
Variety of Fruit
Rice Krispie Treat

Domino's Smart Slice Cheese **9**
Or Pepperoni Pizza
Caesar Salad – Cucumber
Sticks – Baby Carrots
Variety of Fruit
Chocolate Chip Cookie

**NO
SCHOOL** **10**

Chicken Strips or **13**
Grilled Cheese
Chili Beans
Cauliflower – Salad - Carrots
Variety of Fruit
Cheez Its

Chicken Taquitos or **14**
Bean & Cheese Burrito
Seasoned Jicama – Salad
Carrots
Variety of Fruit
Fruit Roll Up

Corn Dog or **15**
Pull Apart
French Fries - Marinara
Fresh Veggies – Salad - Carrots
Variety of Fruit
Rice Krispie Treat

Turkey & Gravy or **16**
Vegetarian Meatballs
Mashed Potatoes – Roll
Steamed Corn
Broccoli Salad – Green Salad
Variety of Fruit - Cookie

Domino's Smart Slice Cheese **17**
Or Pepperoni Pizza
Caesar Salad – Cucumber
Sticks – Baby Carrots
Variety of Fruit
Chocolate Chip Cookie

**NO
SCHOOL** **20**

**NO
SCHOOL** **21**

**NO
SCHOOL** **22**

**NO
SCHOOL** **23**

**NO
SCHOOL** **24**

Taco Pocket or **27**
Four Cheese Enchilada
Seasoned Jicama – Salad –
Salsa
Variety of Fruit
Rice Krispie Treat

Teriyaki Chicken Bowl or **28**
Black Bean Bowl
Fried Rice
Cauliflower – Salad - Carrots
Variety of Fruit

French Toast & Sausage or **29**
French Toast & Yogurt
Hash Browns
Fresh Veggies – Salad - Carrots
Variety of Fruit

Chicken Nuggets or **30**
Grilled Cheese
Tomato Soup
Broccoli – Salad - Carrots
Variety of Fruit
Cool Ranch Doritos

Please be advised – All menus are subject to change without notice due to ongoing nationwide food supply shortages and product unavailability. We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

USDA is an equal opportunity provider, employer, and lender.